



(301) 689-8874  
kickmasterskarate.com

# JANUARY 2022

## Kickstarting Confident Leaders



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Sign-up at <a href="http://www.patreon.com/kickmasterskarate">www.patreon.com/kickmasterskarate</a> to enjoy weekly bonus content:</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><b>KMK Plus (\$20.00 per month):</b></p> <ul style="list-style-type: none"> <li>* 1 Weekly Master Class w/ Master Rando</li> <li>* Monthly Training Charts and Workouts</li> <li>* Bi-Monthly Cardio/Conditioning Class</li> <li>* 1 Weekly Short Bonus Class with a Rotating Guest Instructor</li> <li>* Re-released Catalog of Previously Shot Material</li> </ul> </div> <div style="width: 45%;"> <p><b>LD Plus (\$10.00 per month):</b></p> <ul style="list-style-type: none"> <li>* Weekly KMK Coloring Page(s)</li> <li>* 1 Weekly Bedtime Story w/ Master R!</li> <li>* 1 Weekly Themed Craft/Snack</li> </ul> </div> </div>						
<p><b>Happy 2022 KMK Family. Hopefully, the New Year brings peace and prosperity to your purpose, and to your wellbeing as a whole. Continue training and working towards your goals. AND, as Master Rando always says, "Never Give Up...Stay the Course!"</b></p>						
<p>2</p> <p style="text-align: center;"><b>4:30p Staff Dinner</b></p> <p style="text-align: center;"><b>Tuition Due →</b></p>	<p>3</p> <p style="text-align: center;">Closed</p>	<p>4</p> <p>3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Beg/Adv II 6:30p Wht/Gld/Org 7:30p <b>Striking Class</b> 8:30p <b>Krav Maga</b></p>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Ms. Friend</b></p> <p>7:00a Cardio BBB 4:30p Lit. Drag. 5:30p Beginner II 6:30p Interm I 7:30p Brn/Jr. Blk 8:30p Teen/Adult</p>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Mr. G. Watson</b></p> <p>3:40p Lit. Drag 4:30p Beg/Adv I 5:30p Beg/Adv II 6:30p Beg/Int/Adv. I 7:30p <b>WEAP</b> 8:30p <b>Krav Maga</b></p>	<p>7</p> <p>4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.</p>	<p>8</p> <p>8:00a Cardio BBB 9:00a DEMO 10:00a Wht/Gld/Org 11:00a Lit. Drag. 12:00p Interm I 1:00p <b>WEAP</b></p>
<p>9</p> <p style="text-align: center;">Closed</p>	<p>10</p> <p>4:30p Beg/Adv I 5:30p Beginner II 6:30p Beg/Int/Adv. I 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult</p>	<p>11</p> <p>3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Beg/Adv II 6:30p Wht/Gld/Org 7:30p <b>Striking Class</b> 8:30p <b>Krav Maga</b></p>	<p>12</p> <p>7:00a Cardio BBB 4:30p Lit. Drag. 5:30p Beginner II 6:30p Interm I 7:30p Brn/Jr. Blk 8:30p Teen/Adult</p>	<p>13</p> <p>3:40p Lit. Drag 4:30p Beg/Adv I 5:30p Beg/Adv II 6:30p Beg/Int/Adv. I 7:30p <b>WEAP</b> 8:30p <b>Krav Maga</b></p>	<p>14</p> <p>4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.</p>	<p>15</p> <p>8:00a Cardio BBB 9:00a DEMO 10:00a Wht/Gld/Org 11:00a Lit. Drag. 12:00p Interm I 1:00p <b>WEAP</b></p>
<p>16</p> <p style="text-align: center;">Closed</p>	<p>17</p> <p>4:30p Beg/Adv I 5:30p Beginner II 6:30p Beg/Int/Adv. I 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult</p>	<p>18</p> <p>3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Beg/Adv II 6:30p Wht/Gld/Org 7:30p <b>Striking Class</b> 8:30p <b>Krav Maga</b></p>	<p>19</p> <p>7:00a Cardio BBB 4:30p Lit. Drag. 5:30p Beginner II 6:30p Interm I 7:30p Brn/Jr. Blk 8:30p Teen/Adult</p>	<p>20</p> <p>3:40p Lit. Drag 4:30p Beg/Adv I 5:30p Beg/Adv II 6:30p Beg/Int/Adv. I 7:30p <b>WEAP</b> 8:30p <b>Krav Maga</b></p>	<p>21</p> <p>4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.</p>	<p>22</p> <p>8:00a Cardio BBB 9:00a DEMO 10:00a Wht/Gld/Org 11:00a Lit. Drag. 12:00p Interm I 1:00p <b>WEAP</b></p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Sensei Dolchan</b></p> <p style="text-align: center;">Closed</p>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Miss Paula</b></p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Mrs. Rando</b></p> <p>4:30p Beg/Adv I 5:30p Beginner II 6:30p Beg/Int/Adv. I 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult</p>	<p>25</p> <p>3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Beg/Adv II 6:30p Wht/Gld/Org 7:30p <b>Striking Class</b> 8:30p <b>Krav Maga</b></p>	<p>26</p> <p>7:00a Cardio BBB 4:30p Lit. Drag. 5:30p Beginner II 6:30p Interm I 7:30p Brn/Jr. Blk 8:30p Teen/Adult</p>	<p>27</p> <p>3:40p Lit. Drag 4:30p Beg/Adv I 5:30p Beg/Adv II 6:30p Beg/Int/Adv. I 7:30p <b>WEAP</b> 8:30p <b>Krav Maga</b></p>	<p>28</p> <p>4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.</p>	<p>29</p> <p>8:00a Cardio BBB 9:00a DEMO 10:00a Wht/Gld/Org 11:00a Lit. Drag. 12:00p Interm I 1:00p <b>WEAP</b></p>
<p>30</p>	<p>31</p>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Mr. T. Watson</b></p>				

\*If you love our program, don't forget to review us on Yelp and Facebook!