



(301) 689-8874
kickmasterskarate.com

FEBRUARY 2021

Kickstarting Confident Leaders



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 4:30p Advanced I 5:30p Beginner II 6:30p Beg/Int/Adv. I 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult	2 3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Advanced II 6:30p Beg/Int. 8:30p Krav Maga	Ms. Lexi 7:30a Cardio BBB 4:30p Lit. Drag. 5:30p Beginner II 6:30p Beginner I 7:30p Brn/Jr. Blk 8:30p Teen/Adult	4 3:40p Lit. Drag 4:30p Advanced I 5:30p Advanced II 6:30p Beg/Int/Adv. I 7:30p WEAP (INT) 8:30p Krav Maga	5 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.	6 8:00a Cardio BBB 9:00a DEMO 10:00a Beg/Int. 11:00a Lit. Drag. 12:00p Beginner I 1:00p WEAP
7 Closed	8 4:30p Advanced I 5:30p Beginner II 6:30p Beg/Int/Adv. I 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult	9 3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Advanced II 6:30p Beg/Int. 8:30p Krav Maga	10 7:30a Cardio BBB 4:30p Lit. Drag. 5:30p Beginner II 6:30p Beginner I 7:30p Brn/Jr. Blk 8:30p Teen/Adult	11 3:40p Lit. Drag 4:30p Advanced I 5:30p Advanced II 6:30p Beg/Int/Adv. I 7:30p WEAP (INT) 8:30p Krav Maga	12 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag. 6:30p NEW INTRO CLASS	13 8:00a Cardio BBB 9:00a DEMO 10:00a Beg/Int. 11:00a Lit. Drag. 12:00p Beginner I 1:00p WEAP
14 Closed	15 4:30p Advanced I 5:30p Beginner II 6:30p *Beg/Int/Adv. I 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult	16 3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Advanced II 6:30p Beg/Int. 8:30p Krav Maga	17 7:30a Cardio KB 4:30p Lit. Drag. 5:30p White (T/S) 6:30p White (M/W) 7:30p Blue, Red, and Brown	18 3:40p Lit. Drag. 4:45p Gold/Orange 6:00p Green 7:15p Purple 8:30p Krav Maga 8:00p Adult Staff.	19 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag. 6:30p INTRO CLASS	20 8:00a Cardio BBB 9:00a DEMO 10:00a Beg/Int. 11:00a Lit. Drag. 12:00p Beginner I 1:00p WEAP
Mr. Sensabaugh Closed	22 4:30p Advanced I 5:30p Beginner II 6:30p Beg/Int/Adv. I 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult	23 3:40p Lit. Drag. 4:30p Lit . Drag. 5:30p Advanced II 6:30p Beg/Int. 8:30p Krav Maga	Ms. Denise 7:30a Cardio BBB 4:30p Lit. Drag. 5:30p Beginner II 6:30p Beginner I 7:30p Brn/Jr. Blk 8:30p Teen/Adult	25 3:40p Lit. Drag 4:30p Advanced I 5:30p Advanced II 6:30p Beg/Int/Adv. I 7:30p WEAP (INT) 8:30p Krav Maga	26 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag. 6:30p INTRO CLASS	Mr. Ketterman 8:00a Cardio BBB 9:00a DEMO 10:00a Beg/Int. 11:00a Lit. Drag. 12:00p Beginner I 1:00p WEAP
28 Closed	<p>*The White Belt Stripe Test for the Mon/Thur. 6:30PM Class is scheduled for the 15th at 6:30pm (kata and techniques only). We will be having the first INTRO Class of the new year on Friday, February 12th at 6:30 PM. All children ages 7-12 are eligible to attend! Finally, at this round of testing, students are required to know everything from their belt level down (katas, techniques, basics, basic kicking, terms, kata definitions, counting numbers, and verbal self-defense), but they are NOT required to demonstrate physical self-defense, pad work, and/or sparring. Also, the protocol for spectators will be just like it is for class (admittance 5 minutes prior to the start of the exam, temperate screenings, exit out of the door by the flag, and masks/shields being required at all times by all guests). Testers are able to bring up to <u>4-5 guests</u> with them to observe the exam. Seats will be clumped together in groups to ensure social distancing.</p>					

**All class times will remain the same after testing.

*Be looking for your picture on our favorite social media site: Instagram! Check it out...