



(301) 689-8874  
kickmasterskarate.com

# JANUARY 2021

## Kickstarting Confident Leaders



| Sun  | Mon   | Tue   | Wed  | Thu  | Fri  | Sat  |
|--|---|---|--|--|--|--|
| <p>Sign-up at <a href="http://www.patreon.com/kickmasterskarate">www.patreon.com/kickmasterskarate</a> to enjoy weekly bonus content:</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><b>KMK Plus (\$20.00 per month):</b></p> <ul style="list-style-type: none"> <li>* 1 Weekly Master Class w/ Master Rando</li> <li>* Monthly Training Charts and Workouts</li> <li>* Bi-Monthly Cardio/Conditioning Class</li> <li>* 1 Weekly Short Bonus Class with a Rotating Guest Instructor</li> <li>* Re-released Catalog of Previously Shot Material</li> </ul> </div> <div style="width: 45%;"> <p><b>LD Plus (\$10.00 per month):</b></p> <ul style="list-style-type: none"> <li>* Weekly KMK Coloring Page(s)</li> <li>* 1 Weekly Bedtime Story w/ Master R!</li> <li>* 1 Weekly Themed Craft/Snack</li> </ul> </div> </div> |   |   |  |  |  |  |
| <p><b>Happy 2021 KMK Family. Hopefully, the New Year brings peace and stability to your purpose, and to your wellbeing as a whole. Continue to keep training and working towards your goals, and as Master Rando always says, "Never Give Up...Stay the Course!"</b></p>   |   |   |  |  |  |  |
| <p>3 Closed</p> <p><b>Tuition Due</b> →</p>  | <p>4 4:30p Advanced I<br/>5:30p Beginner II<br/>6:30p Beg/Int/Adv. I<br/>7:30p Brn/Jr. Blk<br/>8:00p DEMO<br/>8:30p Teen/Adult</p>                              | <p><b>Ms. Friend</b></p> <p>3:40p Lit. Drag.<br/>4:30p Lit. Drag.<br/>5:30p Advanced II<br/>6:30p Beg/Int.<br/><b>7:30p White Belt Orientation</b><br/><b>8:30p Krav Maga</b></p> | <p><b>Mr. G. Watson</b></p> <p>7:30a Cardio BBB<br/>4:30p Lit. Drag.<br/>5:30p Beginner II<br/>6:30p Beginner I<br/>7:30p Brn/Jr. Blk<br/>8:30p Teen/Adult</p> | <p>7 3:40p Lit. Drag<br/>4:30p Advanced I<br/>5:30p Advanced II<br/>6:30p Beg/Int/Adv. I<br/><b>7:30p WEAP (INT)</b><br/><b>8:30p Krav Maga</b></p>  | <p><b>Ms. Ness</b></p> <p>4:00p Lit. Drag.<br/>4:50p Lit. Drag.<br/>5:40p Lit. Drag.</p> | <p>9 8:00a Cardio BBB<br/><b>9:00a DEMO</b><br/>10:00a Beg/Int.<br/>11:00a Lit. Drag.<br/>12:00p Beginner I<br/><b>1:00p WEAP</b></p>                            |
| <p>10 Closed</p>   | <p>11 4:30p Advanced I<br/>5:30p Beginner II<br/>6:30p Beg/Int/Adv. I<br/>7:30p Brn/Jr. Blk<br/>8:00p DEMO<br/>8:30p Teen/Adult</p>                             | <p>12 3:40p Lit. Drag.<br/>4:30p Lit. Drag.<br/>5:30p Advanced II<br/>6:30p Beg/Int.<br/><b>8:30p Krav Maga</b></p>   | <p>13 7:30a Cardio BBB<br/>4:30p Lit. Drag.<br/>5:30p Beginner II<br/>6:30p Beginner I<br/>7:30p Brn/Jr. Blk<br/>8:30p Teen/Adult</p>                          | <p>14 3:40p Lit. Drag<br/>4:30p Advanced I<br/>5:30p Advanced II<br/>6:30p Beg/Int/Adv. I<br/><b>7:30p WEAP (INT)</b><br/><b>8:30p Krav Maga</b></p> | <p>15 4:00p Lit. Drag.<br/>4:50p Lit. Drag.<br/>5:40p Lit. Drag.</p>                     | <p>16 8:00a Cardio BBB<br/><b>9:00a DEMO</b><br/>10:00a Beg/Int.<br/>11:00a Lit. Drag.<br/>12:00p Beginner I<br/><b>1:00p WEAP</b></p>                           |
| <p>17 Closed</p>   | <p>18 4:30p Advanced I<br/>5:30p Beginner II<br/>6:30p Beg/Int/Adv. I<br/>7:30p Brn/Jr. Blk<br/>8:00p DEMO<br/>8:30p Teen/Adult</p>                             | <p>19 3:40p Lit. Drag.<br/>4:30p Lit. Drag.<br/>5:30p Advanced II<br/>6:30p Beg/Int.<br/><b>8:30p Krav Maga</b></p>   | <p>20 7:30a Cardio BBB<br/>4:30p Lit. Drag.<br/>5:30p Beginner II<br/>6:30p Beginner I<br/>7:30p Brn/Jr. Blk<br/>8:30p Teen/Adult</p>                          | <p>21 3:40p Lit. Drag<br/>4:30p Advanced I<br/>5:30p Advanced II<br/>6:30p Beg/Int/Adv. I<br/><b>7:30p WEAP (INT)</b><br/><b>8:30p Krav Maga</b></p> | <p>22 4:00p Lit. Drag.<br/>4:50p Lit. Drag.<br/>5:40p Lit. Drag.</p>                     | <p><b>Sensei Dolchan</b></p> <p>8:00a Cardio BBB<br/><b>9:00a DEMO</b><br/>10:00a Beg/Int.<br/>11:00a Lit. Drag.<br/>12:00p Beginner I<br/><b>1:00p WEAP</b></p> |
| <p><b>Mrs. Rando</b></p> <p>Closed</p>   | <p><b>Mr. T. Watson</b></p> <p>25 4:30p Advanced I<br/>5:30p Beginner II<br/>6:30p Beg/Int/Adv. I<br/>7:30p Brn/Jr. Blk<br/>8:00p DEMO<br/>8:30p Teen/Adult</p> | <p>26 3:40p Lit. Drag.<br/>4:30p Lit. Drag.<br/>5:30p Advanced II<br/>6:30p Beg/Int.<br/><b>8:30p Krav Maga</b></p>   | <p>27 7:30a Cardio BBB<br/>4:30p Lit. Drag.<br/>5:30p Beginner II<br/>6:30p Beginner I<br/>7:30p Brn/Jr. Blk<br/>8:30p Teen/Adult</p>                          | <p>28 3:40p Lit. Drag<br/>4:30p Advanced I<br/>5:30p Advanced II<br/>6:30p Beg/Int/Adv. I<br/><b>7:30p WEAP (INT)</b><br/><b>8:30p Krav Maga</b></p> | <p>29 4:00p Lit. Drag.<br/>4:50p Lit. Drag.<br/>5:40p Lit. Drag.</p>                     | <p>30 8:00a Cardio BBB<br/><b>9:00a DEMO</b><br/>10:00a Beg/Int.<br/>11:00a Lit. Drag.<br/>12:00p Beginner I<br/><b>1:00p WEAPONS TESTING</b></p>                |

\*If you love our program, don't forget to review us on Yelp and Facebook!