



AUGUST 2020



(301) 689-8874
kickmasterskarate.com

Kickstarting Confident Leaders



	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>We have a brand new INTRO Class for new students on Friday, September 4th at 6:30pm. This program is for ages 7-12 and requires pre-registration (301-689-8874). More information regarding belt testing days, times, and protocol (on the 19-20th) will be available the first week of August.</p> <p>Due to COVID, we are NOT having our annual Overnight Dojo Campout this year...next year for sure though!</p> <p>*Don't forget about White Belt Stripe Testing happening on Saturday, August 1st at noon.</p>							<p>1 8:00a Cardio BBB 9:00a DEMO 10:00a Interm. I 11:00a Lit. Drag. 12:00p *Wht/Gld/Or 1:00p WEAP (BEG)</p>	
Mr. McDonagh	<p>2 Closed</p> <p>Summer Karate Camp (3rd-7th) (8:30a-3:00p)</p>	<p>3 4:30p Advanced I 5:30p Int/Adv. I 6:30p Int/Adv. II 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult</p>	<p>4 3:40p Lit. Drag. 4:30p Lit. Drag. 5:30p Advanced II 6:30p Interm. I 8:30p Krav Maga</p>	<p>5 7:30a Cardio BBB 4:30p Lit. Drag. 5:30p Int/Adv. I 6:30p Wht/Gld/Or 7:30p Brn/Jr. Blk 8:30p Teen/Adult</p>	<p>6 3:40p Lit. Drag 4:30p Advanced I 5:30p Advanced II 6:30p Int/Adv. II 7:30p WEAP (INT) 8:30p Krav Maga</p>	<p>7 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag. 6:30p INTRO GRADUATION</p>	<p>8 8:00a Cardio BBB 9:00a DEMO 10:00a Interm. I 11:00a Lit. Drag. 12:00p Wht/Gld/Or 1:00p WEAP (BEG)</p>	
	<p>9 Closed</p> <p>Little Dragons Summer Camp (11th-14th) (8:30a-12:00p)</p>	<p>10 4:30p Advanced I 5:30p Int/Adv. I 6:30p Int/Adv. II 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult</p>	<p>11 3:40p Lit. Drag. 4:30p Lit. Drag. 5:30p Advanced II 6:30p Interm. I 8:30p Krav Maga</p>	<p>12 7:30a Cardio BBB 4:30p Lit. Drag. 5:30p Int/Adv. I 6:30p Wht/Gld/Or 7:30p Brn/Jr. Blk 8:30p Teen/Adult</p>	<p>13 3:40p Lit. Drag 4:30p Advanced I 5:30p Advanced II 6:30p Int/Adv. II 7:30p WEAP (INT) 8:30p Krav Maga</p>	<p>14 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.</p>	<p>15 8:00a Cardio BBB 9:00a DEMO 10:00a Interm. I 11:00a Lit. Drag. 12:00p Wht/Gld/Or 1:00p WEAP (BEG)</p>	
	<p>16 Closed</p>	<p>17 4:30p Advanced I 5:30p Int/Adv. I 6:30p Int/Adv. II 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p T/A EXAM</p>	<p>Mr. C. McCabe</p> <p>3:40p Lit. Drag. 4:30p Lit. Drag. 5:30p Advanced II 6:30p Interm. I 8:30p Krav Maga</p>	<p>Mr. T. McCabe</p> <p>7:30a Cardio BBB 4:30p Lit. Drag. 5:30 Gold Belts 6:30 Orange Belts 7:45 Red/Brown Belts</p>	<p>20 3:40p Lit. Drag 4:30 Purple Belts 5:45 Green Belts 7:00 Blue Belts 8:30p Krav Maga</p>	<p>21 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.</p>	<p>22 8:00a Cardio BBB 9:00a DEMO 10:00a Interm. I 11:00a Lit. Drag. 12:00p Beginner I 1:00p WEAP (BEG)</p>	
	<p>23 Closed</p>	<p>24 4:30p Advanced I 5:30p Int/Adv. I 6:30p Int/Adv. II 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult</p>	<p>25 3:40p Lit. Drag. 4:30p Lit. Drag. 5:30p Advanced II 6:30p Interm. I 8:30p Krav Maga</p>	<p>Ms. DeVore</p> <p>7:30a Cardio BBB 4:30p Lit. Drag. 5:30p Int/Adv. I 6:30p Beginner I 7:30p Brn/Jr. Blk 8:30p Teen/Adult</p>	<p>27 3:40p Lit. Drag 4:30p Advanced I 5:30p Advanced II 6:30p Int/Adv. II 7:30p WEAP (INT) 8:30p Krav Maga</p>	<p>28 4:00p Lit. Drag. 4:50p Lit. Drag. 5:40p Lit. Drag.</p>	<p>29 8:00a Cardio BBB 9:00a DEMO 10:00a Interm. I 11:00a Lit. Drag. 12:00p Beginner I 1:00p WEAP (BEG)</p>	
	<p>30 Closed</p> <p>T/A Detail Master Class w/ Master Rando</p>	<p>31 4:30p Advanced I 5:30p Int/Adv. I 6:30p Int/Adv. II 7:30p Brn/Jr. Blk 8:00p DEMO 8:30p Teen/Adult</p>	<p>Visit www.patreon.com/kickmasterskarate to enjoy weekly bonus content from KMK:</p> <p>KMK Plus (\$20.00 per month):</p> <ul style="list-style-type: none"> * 1 Weekly Master Class w/ Master Rando * Monthly Training Charts and Workouts * Bi-Monthly Cardio/Conditioning Class * 1 Weekly Short Bonus Class with a Rotating Guest Instructor * Re-released Catalog of (300+) Previously Shot Classes During Covid 				<p>LD Plus (\$10.00 per month):</p> <ul style="list-style-type: none"> * Weekly KMK Coloring Page(s) * 1 Weekly Bedtime Story w/ Master Rando * 1 Weekly Craft Associated with the Bedtime Story 	

*Remember, class days and times do not change after testing.